



REDFIELD REVIEW

AROUND TOWN

Redfield Clinic News

Submitted by Ed Friedman

New weight loss drugs can have long lasting benefits.

Follow up surveys of people who took the newer weight loss medications, Wegovy and Zepbound, found that about 1/3 of those who discontinued the drugs continued to lose weight; another 1/3 maintained their weight loss and 1/3 regained their previous weight. Those who continued to eat less and exercise were the most likely to maintain their weight loss or continue to lose weight at 18 months after stopping the weight loss drug. The bad news is that these results were from less reliable, self-reported surveys, whereas the previous controlled studies from the drug manufacturers was that the weight loss was regained after stopping the medications. So there is some evidence that weight loss drugs benefit can persist if combined with diet and exercise. Doing those are keys to maintaining the benefit.

It is not too late to get a flu shot. Every flu season about 35,000 Americans die of influenza. Already this flu season, several children have died of the flu as have some elderly and those in poor health. While not 100% protective, it is clear that the current flu vaccination significantly decreases one's chance of hospitalization and death from influenza. And annual flu vaccinations can decrease the chances of developing Alzheimer's and of dying of heart disease. These benefits may true to be true for COVID booster shots too. Flu and COVID vaccinations are available at most clinics and nearly all pharmacies. Flu and COVID viruses are transmitted by airborne respiratory droplets. Viral gastroenteritis, commonly known as the stomach flu, and characterized by vomiting and diarrhea, is transmitted by contacting contaminated surfaces. Chances of contracting these illnesses can be decreased by washing your hands with soap and water especially before touching your face, staying home when you are sick and wearing a mask and covering your cough. Eating healthy, exercising regularly and getting 7-8 hours of sleep can boost your immune system and decrease the chances of getting sick. Once again, an ounce of prevention is worth a pound of cure.

Regular exercise can increase the chances of staying healthy and decrease the chance of falling well into old age. Exercises for older folks are broadcast on public TV channel 11 at 6 AM most days of the week. Exercise can lower your blood sugar. Walking one half hour can lower your blood sugar by 50 points and keep it down for 10 -12 hours.

Redfield Development Minutes

Submitted by Cristin Lantz



REDFIELD DEVELOPMENT

January 19, 2026

Present: Jim Eide, Cristin Lantz, Shane Murphy, Dustin Lantz,

Ryan McAtee, Pam Danielson, Michael Wiley Guests: Calvin & Deb Anderson Jim called the meeting to order at 6:03p.

REPORTS

- **December Meeting Minutes – Cristin Lantz** – no changes needed.
- **Treasurer's Report – Shane Murphy** – Not a lot of activity last month. Ryan motioned to approve, Pam seconded. All ayes, motion passed.

OLD BUSINESS

Monthly Community Meals – Cristin Lantz

- January 5th – Firemen – report on event (121 served, \$1,893 raised), would like to host again in the fall.
- February 2nd – Christian Church – Discussed with Calvin & Deb to make sure the church has everything they need for the meal. They are good. Just come out and support!
- March 2nd – Methodist Church – Spaghetti supper.
- April 6th – Old Settlers
- Available: May 4th, June 1st, July 6th, August 3rd, October 5th, November 2nd. • Will not do meals on September 1st (Labor Day) or December 7th (right after Winterfest). • Cristin received request to share host invite with Adel Mason's since merged with Redfield. All agreed to share information with them.
- Still waiting to hear back from Auxiliary, Legion, Hilltop, Little League.

Redfield Chamber

- Update from Shane on Venmo, Paypal. Tello account created. Phone number created. Need actual phone to use the service. Get new \$20-30 phone from Dollar General. Cost will be \$6/mo for phone line.
- Update on new businesses and individuals joined Chamber – Hartman Construction joined, Christian Church membership coming.
- Several newer or new to us businesses in town. Need to find a way to reach out to these businesses to get them involved.

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Redfield Development Minutes

Continued from page 1

- Report from subcommittee meeting (Cristin):
 - o List of area businesses were split among the 4 of us to contact. This was delayed with the holidays. Group will try to conquer their lists in the next month.
 - o We discussed a more streamlined membership tier benefits form that would help people understand better what the Chamber is offering (Redfield Review advertising, digital sign advertising, new resident welcome bags, etc.) We aren't ready to fully offer all of these items, but we are working on it!
 - o Received a quote from Signature Signs in Grimes for marketing items for Chamber: 5" x 5" window decals for Chamber members, table cloth, sandwich board sign and 10' x 1' sign to hang on 10' x 10' text with both Development & Chamber logos on them. Quote is for \$592.97. Should be less than this with 10% discount for tablecloth and no sales tax. Ryan motioned to purchase, Dustin seconded. All ayes, motion passed. Cristin will place order.
 - o Dustin suggested Development/Chamber hosting a mixer event at the end of April, beginning of May to signify the one year since revitalizing Development and starting Chamber. More to come!
- Welcome bags volunteers needed. Table to later meeting with more people present. Or possibly discuss at future Chamber meeting with Chamber members.

Redfield Development Corporation By-Laws

- Dustin, Cristin and Shane to further discuss and get to Varley to be able to bring updated version to Development in February.

Redfield Old Settlers – Dustin Lantz

- Steve not present, but is working on nailing down a carnival. Dustin will reach out.
- Groups may want to donate money toward specific event for Old Settlers, like carnival. Need to know what events we are going to be able to hold.
- Dustin lined up Snappy's BBQ food vendor.
- Cristin has flyers made for Steve or anyone else who would like to start fundraising.

Boost Grant from the Empower Rural Iowa – Dustin Lantz

- Applied for end of August but didn't get. Ben and Dustin were on a call to get feedback for application. We got too specific on what we were going to use the money for. Dustin will submit a new application. There will be some things Dustin needs Jim to sign before submitting before due date of February 13th.

NEW BUSINESS

American Discovery Relay – Dustin Lantz

Wade sent to Dustin. Our RRVT trail is on the American Discovery Trail. Doing a ride to celebrate 250th year. Late summer/fall.

Move Savings into CD at First State Bank

Ryan brought rates from First State Bank. Recommends \$20K into 90-day CD at 2.72% and \$20K into a 6-month CD at 3.45%. Keep \$8K in reserve in account. Dustin motioned, Shane seconded. All approved. Motion passed.

Meeting adjourned at 7:01pm.

NEXT MEETING

Next meeting will be held on Monday, February 16th, **6pm** at the Legion meeting room.

Library Regular Meeting

Submitted by Carolyn Wilson

Call to order at 5:02 PM, November 26, 2025

Trustees: Larry Moone, Julia Swallow, Carolyn Wilson, Attending by Phone: Pauletta Cox, Lauren Lang Library Director: Ashley Kuonen,

Approval of minutes from 10/29/2025: The presented minutes were corrected and it was moved by Moone to approve the minutes of the October 29 meeting. Second by Wilson. Approved by all.

Approval of Agenda for 11/26/2025: Moone moved to approve the agenda.. Second by Wilson. Approved by all.

Financial Report: The telephone bill has not been paid on time for a few months so we are getting late fees. It has been approved by the library board and city council to pay it upon arrival so that does not happen.

It was moved by Moone and seconded by Wilson to approve the payment of bills totaling \$846.84. Approved by all.

Progress and Service Reports:

Library Director Kuonen reported that there have been 7 new patrons in October and the door count was 301. There were 338 checkouts. The patron computers were used 68 times and we had 117 wireless connections to our public internet. Eighteen programs were offered in October with 73 attendees.

Director Kuonen reported that there have been some new faces at Sip and Socialize. The Spintronics program finished well, and the program may be offered again in the summer. Turkeys were the theme of the month with a passive program and story time.

A small group of foreign exchange students gave a program about their home countries. They did a great job of giving information about Germany, Kosovo and Poland. The well attended program was greatly appreciated.

Upcoming events include: Winter Sowing How To on December 9. Santa and Mrs Claus will be present on December 17 for stories and crafts. In January, a group cvall Fraud Fighters will give a presentation on how to avoid being scammed. The library also plans to start an exercise program in January in conjunction with City Hall.

Unfinished business:

The trust resolution amendment and the finance policy are on hold until there is an update.

New Business:

Library Trustee Application process was looked at and tabled until after more consideration.

Budget was reviewed. Will be presented at next meeting.

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February Garden Tasks

Submitted by Carolyn Wilson

Repair Garden Tools – Sharpen the blades of hoes, shovels and spades. Wipe the metal surfaces with an oily rag or spray with WD 40. Sand rough wooden handles, then wipe with linseed oil to prevent drying and cracking. Store the tools in a dry location. Clean wheelbarrows and carts and touch up any paint chips to prevent rust. Thoroughly wash sprayers and rinse repeatedly. Disinfect planters to prepare for spring.

Garden Preparation – Gather seed starting supplies if you plan to start seedlings indoors. Seeds can be purchased at garden centers, through mail order companies, or picked up for free at most Dallas County Libraries, including the Redfield Library. They can also be selected at Dallas County Extension.

Many vegetables started from seed indoors only need 6 weeks to reach a size that transplants to the garden after danger of frost is past. In Iowa, the frost-free date is the first or second week of May. Some vegetables can be planted outdoors before the frost-free date including cool season crops like broccoli cauliflower, cabbage, kale, kohlrabi and onions. This means they can be planted indoors in late February or early March for outdoor planting six weeks later (mid-April). You can also start flowers and herbs that have a long germination period, such as rosemary, snapdragons, and begonias.

Trees and Shrubs – Late winter/early spring is the best time to prune nearly all woody plants. The purpose is to remove damaged, diseased or dead material first. Then remove rubbing, crossing and structurally bad branches. Finally, remove branches to improve appearance.

Lawn – Avoid walking on grass when it is frozen. It can easily damage the growth point, which cannot repair itself when it is dormant. It can also lead to compaction.

Winter is a great time to service the lawn mower and all lawn equipment. Check or change the oil, sharpen the blades. Check the filters and replace when necessary.

Indoor Plants – Always take care to protect houseplants as you move them from the store to your home. Wrap the plant in cold weather to protect it from the cold and move it quickly to a warm vehicle. Exposure to freezing temperatures will damage leaves or can kill the plant.

Indoor plants need humidity as most come from tropical areas. Use a humidifier to raise the humidity in your home. Another option is to use a pebble tray beneath the pot, or put the plants in a terrarium.

February is a good time to get your houseplants for their growing season. You can remove the houseplant from the pot and shake the loose soil from the plant. Fill the pot with new potting soil and some slow-release fertilizer. Give plants a thorough watering. Consider a shower watering to clean the plants leaves and give the roots a good soaking. Allow the pots to drain before setting them in a sunny location.

Please consider supporting the Snack Sack Ministry.

100% of any donation you make will go to purchase food for students in the West Central Valley School District. Donations can be mailed to the Redfield Christian Church [attn: Justin Reynolds], PO Box 224, Redfield, IA 50233. For more information, call Doug Jones at 515.490.1040 or Kyle Dredge: 515.619.0123.

Library Regular Meeting

Continued from page 2

Donation and library sales- Need to find a solution for cash taken in to the library, so it is part of the budget.

Date of next board meeting – The regular date would be on New Year's Eve. We tentatively set the date for December 30 at 5, but this is subject to change.

Trustee Continuing Ed Training was tabled. Motion for this by Moone. Second by Wilson. Approved.

Motion by Moone to adjourn the meeting. Second by Wilson. Meeting adjourned at 5:46 p.m.

Next meeting is December 30 at 5 p.m.



The family of Dale Eklov invites you to shower him with cards and good wishes as he celebrates his 90th birthday.

TUESDAY, FEBRUARY 10TH

Birthday greetings can be sent to Dale Eklov | PO Box 129
Redfield, IA 50233

Your help is needed to keep care in small towns like Redfield.

Submitted by Ed Friedman

To help us keep medical care in our small towns like Redfield, please contact Iowa US Representative Zach Nunn. Ask him to support H.R. 5199, a bill to permit PAs or nurse practitioners (NPs), to serve as medical directors of Rural Health Clinics (RHCs), if the state allows. Iowa allows this. But under the federal RHC law only physicians are permitted to be RHC medical directors. Rep. Nunn contact zach.nunn@house.gov link: <https://nunn.house.gov/contact/email-zach/>

His phone numbers: Washington DC: (202) 225-5476 Des Moines: (515) 400-8180

Recently the only medical clinics in the Iowa towns of Allison, Buffalo Center, Gladbrook, Traer and Whiting have been closed. More towns are at risk. When large medical organizations close the only medical clinic in a small town there is no option for the town to choose a PA or NP to keep the Rural Health Clinic open. Passing H.R. 5199 would allow a town this option. Please consider contacting US Congressional District #3 Representative Zach Nunn asking him to pass H.R. 5199. Let's give these communities another chance to have home town medical care. Thank you.

Thanking our friends

When our country needed help in Afghanistan to defeat the Taliban, who sheltered Osama bin Laden while his terrorists killed nearly 3,000 Americans on 9-11, many NATO and other nations fought alongside with us there. In fact 457 British soldiers gave their lives in defense of the USA during that conflict. In addition 44 Danish soldiers sacrificed their lives for us there. Denmark had the highest per capita casualty rate of any nation who helped us there. Their soldiers and all who helped deserve our eternal gratitude. And too many deserve it for making the ultimate sacrifice for us. These countries proved to be true friends in our hour of need.

Our leaders should be thanking our brave friends for their sacrifice not falsely accusing them of "staying back"; especially from someone who did not serve when it was his turn to serve.

My special thanks go to all who served our country when duty called.

Ed Friedmann
US Army Combat veteran
Vietnam '68-69

Redfield City Council Special Meeting

Submitted by Kate Paardekooper, Assistant City Clerk

The City of Redfield held a special meeting on Wednesday, January 21, 2026. Meeting was called to order at 6:36 p.m. Present were council members Paardekooper, Stonehocker, Roberts, Zeranski, and Meyers, PW Director Clausen, Clerk Paardekooper. Mayor Wiley attended via phone. The meeting was held to review applications and to fill the Public Works Technician position.

Discussion was held.

Meyers requested a motion to hire Tim Hodson. Paardekooper motioned, Zeranski 2nd. Paardekooper and Zeranski, aye. Stonehocker, Meyers, Roberts, Nay. Motion failed

Stonehocker motion to hire Shane Luvaas, Meyers 2nd. Stonehocker, Meyers, Aye. Paardekooper, Zeranski, Nay. Roberts requested 5-minute recess.

Zeranski motioned to recess for 5 minutes, Paardekooper 2nd. Recess 7:17p.m. Zeranski motioned to reconvene, Stonehocker 2nd. All Ayes. Meeting reconvened at 7:22 p.m.

Roberts votes no to hire Shane Luvaas. Paardekooper, Zeranski, Roberts, Nay. Stonehocker, Meyers, Aye. Motion failed.

Paardekooper motions to hire Tim Hodson, Zeranski 2nd. Paardekooper, Zeranski, Roberts, Aye. Stonehocker, Meyers, Nay. Motion carried. Salary was discussed.

Stonehocker motions for starting salary of 45K. Motion failed for lack of a second.

Zeranski motioned for 51k, to increase by 2k when certifications are achieved. Roberts 2nd. Paardekooper, Zeranski, Meyers, Roberts, Aye. Stonehocker, Nay. Motion carried.

No further business. Stonehocker motion to adjourn, Paardekooper 2nd. Meeting adjourned 7:29 p.m.

Redfield City Council

Kate Paardekooper, Assistant City Clerk

The Redfield City Council met in regular session on Tuesday, January 6th, 2026. Mayor Wiley called the meeting to order at 7:02 P.M. Present were council members Roberts, Paardekooper, Zeranski, Meyers. Attorney Schlagel, Clerk Farber, Clerk Paardekooper, PW Director Clausen and PW Director Danielson were also present. Stonehocker was absent.

Resolution 2026-01 setting council meetings the first Tuesday following the first Monday of each month, setting First State Bank as the depository of all funds, setting Stuart Herald as the official newspaper of publication and setting Tiawny Meyers as Mayor Pro-Tem.

Resolution 2026-02 to move funds to the library was presented. Paardekooper approved and Meyers 2nd. Resolutions are being carried out.

Meyers requested more information on the bills. Clerk Farber will get the information requested.

Meyers approved the consent agenda and Paardekooper 2nd.

Ashley Kuonen reported 18 programs in December. Santa being the biggest draw. They are in the process of updating the values of library materials. Clerk Farber will check with the insurance company, to see if the policy needs to be changed.

Zoning Administrator Bowman was present. 0 permits applied for, 0 permits denied, 0 permits approved.

Fire Chief Short reported 17 calls in total. 17 EMS and 0 Fire, with 2 being billable to Linden.

Dallas County Sheriff's office reported 87 hours of patrol and 10 hours of calls. For a total of 97 hours for December.

Visitor Forrest Aldrich with Veenstra and Kimm Inc., came to discuss infrastructure and projects in motion with the city. More time was needed. Mayor Wiley requested a motion to extend the talk time. Meyers motioned and Zeranski 2nd.

Visitor Andrea Maxwell requested a meeting and requested to hold off on the abatement process. Mayor Wiley will review and get back to her.

Public Works presented a bid from Story Construction for work done on the booster station. Paardekooper motion to accept the bid, Robert's 2nd. Roll call vote, all Ayes. Motion passed. Another bid was presented from Story Construction to replace water softener medium. Paardekooper motioned, Meyers 2nd. Roll call vote, all Ayes. Motion passed.

Mayor Wiley appointed Meyers as Mayor Pro-Tem. Committee appointments were also made.

Budget workshop was discussed. Mayor Wiley asked for a motion to approve. Meyers approved, Paardekooper 2nd, all Ayes, motion carried. Budget workshop will be January 26th, 2026, at 6 P.M.

Public Works applications will be reviewed. Clausen, Zeranski and Wiley will conduct the interviews. Mayor Wiley requested a motion to approve interviews and have a special meeting to do so. Meyers approved, Paardekooper 2nd.

Motion to review water budget at the January 26th budget workshop. Meyers approved, Robert's 2nd. All Ayes, motion carried

Ordinance on fireworks was discussed. Meyers motion to upload the ordinance to the City's website, Paardekooper 2nd. All Ayes, motion carried.

Meyers has written a job description for the Code Enforcement Officer. This matter was tabled for next month.

Meyers motioned to adjourn at 8:45 P.M., Paardekooper 2nd. Meeting adjourned.

Redfield City Council

Kate Paardekooper, Assistant City Clerk

The Redfield City Council held a budget workshop on Monday, January 26, 2026, at 6 p.m. Present were council members Meyers, Zeranski, Paardekooper, and Roberts, Mayor Wiley, Clerk Farber and Clerk Paardekooper.

This meeting was held to review and discuss the proposed Fiscal Year 2026/2027 budget. No official business was conducted.

Do you have something to share with Redfield?

Advertisements are \$5 for ¼ page ad, \$10 for ½ page ad, and \$15 for a full-page ad. **Payment can be made to the Redfield Development Corporation at First State Bank** and helps with the cost of printing the Review. **Have a story idea:** Please send your ideas to caradredge@gmail.com or mail them to Cara Dredge, PO Box 91, Redfield, I 50233 by the 25th of the month.

NOTICE



NO CHEMICALS IN TRASH

OILY RAGS, OIL, GREASE,
PAINT, AEROSOLS, EMPTY
CHEMICAL CONTAINERS AND
FLAMMABLES ARE PROHIBITED

Praise, Prayer and Revival
Sundays 9am

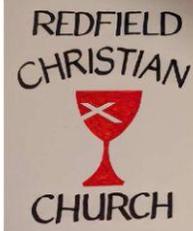
Worship Jesus the King Sundays
10am

Redfield Christian Church
916 Grant St Redfield
Maranatha! Hallelujah!

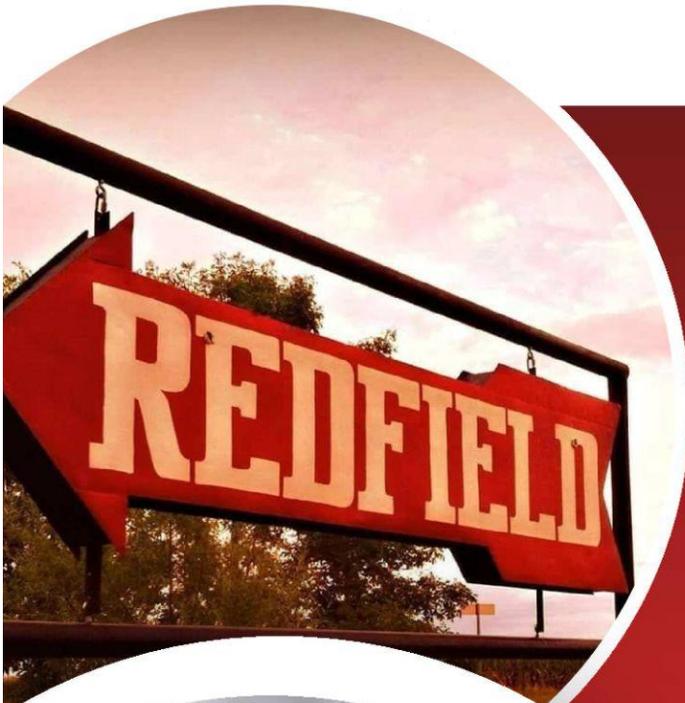
APARTMENT FOR RENT Redfield Senior Citizen's Home



1508 Thomas Street
One Bedroom Apartment Available
For more information, call Tammy
515.360.8305



SPONSORED BY:



REDFIELD

Community Meal

You're invited to join our monthly Community Meal, where you can enjoy a mouthwatering meal while supporting a local volunteer group. Bring your family, friends, and appetite for a fun-filled evening of food, community, and giving back.

**Proceeds go to
Church's Outreach Fund.**



WHAT'S ON THE MENU?

- ✓ Sloppy Joes
- ✓ Cheesy Hash Brown Casserole
- ✓ Green Beans w/ Bacon
- ✓ Desserts

Monday, February 2nd
4:30-6:30p
at Redfield Legion
FREE WILL DONATION

Redfield Old Settlers Planning Has Begun & Your Input is Needed!

As I write this, the temperature outside is -3 degrees! But soon the weather will be changing, and we'll be thinking about the summer months and the activities that come with it.

In April of last year, a special meeting of Redfield Development was held to lay the groundwork for the revitalization of the organization. Since then, the group has been working on developing a Chamber, hosting and supporting community meals and more. Up next is the planning of Old Settlers.

Efforts have already begun. The extent of the schedule and activities will depend on the willingness of the community to pitch in to ensure this tradition continues. **We would like to meet with Redfield's existing groups, including churches, clubs, volunteer organizations, businesses, and individuals who are willing to help with the event in any capacity.**

The intention of our planning this year is to share responsibilities with as many groups as possible. With Development as the main supporting organization, we can all work together to make a successful event!

**Join us Wednesday, February 18th, 6pm
in the classroom at Redfield Quilt Shop
1308 1st Street, Redfield**

**Contact Dustin Lantz with any questions at
515-669-7338 or lantz_dustin@yahoo.com**

REDFIELD PUBLIC LIBRARY

ONGOING PROGRAMS

Sip & Socialize - Every Tuesday from 9:30-10:30am -

Bring your own drink or purchase one from our beverage bar. Enjoy some time relaxing and visiting with others in your community.

Book Club - 2nd Wednesday of the month from 6pm

-7pm - Discuss the book of the month. New members always welcome

The Common ThREAD - 1st Thursday of the month from

1pm-2pm - Spend time with others that enjoy fiber crafts such as knitting, crocheting, embroidery and more. Bring your supplies or just stop in and see if it would be something you would enjoy.

Storytime - 1st and 3rd Friday of the month from

10:30am-11am - Come enjoy some stories and a themed craft or activity.

Preschool Playtime - 2nd and 4th Friday of the month

from 10:30am-11:30am - Kids can play while parents / caregivers relax and enjoy the company of others.

Kids Inspiration Station - Every Thursday from 4pm -

5pm - Stop in for a craft or activity.

Job Opening: Public Works Technician Town of Redfield, Iowa

The Town of Redfield, Iowa, is seeking a **reliable and hardworking Public Works Technician** to join our small but dedicated team. This hands-on role supports the Public Works Director in maintaining and improving the town's infrastructure and public services. From water and wastewater systems to streets, parks, and public facilities, you'll play a vital role in ensuring the safety and quality of life for Redfield's 800 residents.

We're looking for a team player with strong technical skills, a willingness to learn, and a commitment to serving the community.

Key Duties:

- Maintain and repair town infrastructure: roads, sidewalks, bridges, storm drains, and public buildings
- Assist with water distribution and wastewater treatment operations (IDNR compliance)
- Perform snow removal, street patching, mowing, and park upkeep
- Safely operate equipment such as plows, mowers, and backhoes
- Respond to emergencies (water main breaks, sewer backups, severe weather) with occasional after-hours availability
- Engage courteously with residents and provide updates as directed
- Follow safety protocols and ensure compliance with federal, state, and local regulations

Qualifications:

- High school diploma or equivalent required
- Experience in public works, utilities, construction, or maintenance preferred
- Prior work in a small, rural community is a plus

Certifications (preferred or willingness to obtain):

- Iowa Grade I Water Treatment & Distribution Operator Certification
- Iowa Grade I Wastewater Treatment Operator Certification
- Valid Iowa CDL Class B or higher

Compensation & Benefits:

- Health insurance, retirement plan (IPERS), paid vacation, and sick leave
- Professional development and certification training support

To Apply: Send resume and cover letter to sfarber@redfieldia.com. Open until filled

SNOW REMOVAL NOTICE

Snow Ordinance for the City of Redfield will be in effect

November 1, 2025 to April 1, 2026

STREETS

69.10 SNOW REMOVAL. No person shall park, abandon, or leave unattended any vehicle on any public street, alley, or City-owned off-street parking area during the time period of November 1st April 1st of each year if it is snowing or snow is forecasted, or the snow is in the process of being removed or plowed from said street, alley or parking area. If the street has been fully opened and the snow has ceased to fall, one may park on any public street, alley, or parking area where parking is normally allowed.

SIDEWALKS

136.03 REMOVAL OF SNOW, ICE, AND ACCUMULATIONS. The abutting property owner shall remove snow, ice, and accumulations promptly from sidewalks. If a property owner does not remove snow, ice, or accumulations within 24 hours, the City may do so and assess the costs against the property owner for collection in the same manner as a property tax. The abutting property owner may be liable for damages caused by failure to remove snow, ice, and accumulations promptly from the sidewalk. within 24 hours.

MONTHLY COMMUNITY MEALS:

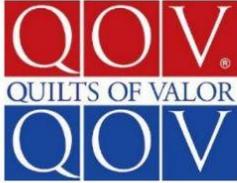
Building Connections and a Strong Community

The main goal of the monthly community meals is to give residents regular opportunities to gather, share a meal, and enjoy good conversations. We hope these monthly meals become a tradition that everyone looks forward to, where new people are always welcome and everyone feels they belong.

By attending you are supporting local volunteer organizations and churches with your free will donation.

Encourage your friends and neighbors to join you!

Redfield Development Corporation



Perry, Iowa Piecemakers Quilts of Valor PIPQOV #87243 Information Sheet

Who qualifies for Quilts of Valor? Any soldier who has served in the U.S. branches of service including National Guard and has been honorably discharged.

Honoree Name: _____ Honoree Phone #: _____

Honoree Address: _____

Name & phone number of person making nomination, if not honoree:

Branch of service: _____ Date entered: _____

Location of basic training: _____

Where and when was specific training received: _____

Discharge date: _____ Rank: _____

Places served and duties: _____

Other duties/experiences: _____

Recognitions or honors: _____

Occupations or activities since leaving service: _____

Permission to publicize? Yes No Award presentation preference? Group Individual

Any additional comments: _____

Submit form to: Barb Hansen, 2012 16th Street, Perry, IA 50220



Spices, Seasonings, Rubs & Extracts

Liniments, Salves & Balms

Cleaning Solutions



Robert Klassen

Your local sales representative

(515) 669-6848

rklassen78@gmail.com



POET

COMMUNITY IMPACT GRANTS

POET IS OFFERING
COMMUNITY GRANTS **UP TO \$4,000**

Apply for a community grant at
POET.COM/GRANTS



JOIN REDFIELD'S THRIVING BUSINESS COMMUNITY

Chamber Members See 80% MORE Web Traffic & 10X ROI!

97%

of people research online before buying locally

50%

more likely to buy from Chamber members

\$600+

value of SEO backlink alone

86%

consumer satisfaction with Chamber businesses

About Us

The Redfield Iowa Chamber of Commerce, established in 2025, exists to strengthen our local economy, support area businesses, and promote the unique small-town charm that makes Redfield an exceptional place to live, work, and visit. We're proud to serve a community where neighbors support neighbors and local businesses are the heart of our economy.

Our Mission

We are dedicated to fostering economic development, creating valuable business networking opportunities, and serving as the primary resource for information about our community's businesses, events, and attractions. As a newly organized chamber, we're building a foundation for lasting community and business growth.

Why Choose Us?

We actively work to attract new businesses to our area while providing existing businesses with resources, connections, and advocacy they need to succeed in our growing community.

Membership Benefits

- **Instant Authority Boost**

Premium backlink from high-authority .org chamber website (SEO gold!)

- **Build Business Trust**

Complete, customizable business profile on redfieldchamber.org

- **Amplify Your Reach**

Sponsorship opportunities at signature events

- **Tools For Success**

Professional online audit and report exclusive for small business chamber members

- **Marketing That Matters**

Ribbon cutting ceremonies for expansions or milestones

- **Promotion & Exposure**

Event calendar inclusion for your business events & activities

~ PLUS MORE ~

Become A Founding Chamber Member

INDIVIDUAL/FAMILY

\$25

Support Local Business

CHURCH/CLUBS

\$75

Community Organizations

SMALL BUSINESS

\$150

Up to 5 Employees

BUSINESS

\$300

Over 5 Employees





REDFIELD DEVELOPMENT

JOIN OUR VOLUNTEER COMMUNITY

We are looking for dedicated and passionate volunteers to help support our mission and contribute to meaningful change together within our community.

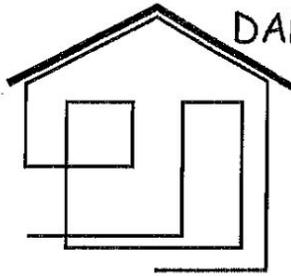


OUR ACTIVITIES

- ✓ **Community Events:** Easter Egg Hunt, Summer Legion Breakfasts, Old Settler's, Chili Cook-Off
- ✓ **Community Projects:** New Ireland Park, Shelter, Restrooms & Concession Stand at City Park, Bike Repair Station at Legion, RRVT Depot Staffing & Support of Local Groups

HOW TO JOIN OUR GROUP?

**Meet us at the
Redfield Legion
at 6pm on the
3rd Monday of
every month.**



DALLAS COUNTY LOCAL HOUSING TRUST FUND, INC.

An Owner-Occupied Rehabilitation Program

To provide and expand safe and affordable housing to low-income residents of Dallas County. Assisting homeowners within Dallas County with housing repairs and correcting code violations.

To qualify for assistance from this program, the homeowner must meet the following requirements:



The property must be located within Dallas County.



The property must be owner-occupied and the homeowner's primary residence.



Property taxes, mortgage payments and homeowner's insurance must be current.



The property must be a single-family residence, condominium or townhouse, and taxed as real property. *Houses being purchased under contract are not eligible.



Income limits of the household must fall at or below 80% of the area median household income, based on the State Housing Trust Fund Annual Income Limits. (see chart below)

Number of Persons in Household	1	2	3	4	5	6	7	8+
Maximum Total Gross Household Income for Program	\$90,400	\$90,400	\$103,960	\$103,960	\$103,960	\$104,900	\$112,100	\$119,350

What are the financial implications to the homeowner?

- The work is paid for by the Program through funding from the Dallas County Local Housing Trust Fund, Inc., the participating cities and other contributors.
- The financial assistance will be in the form of a forgivable loan with a maximum loan amount \$15,000 and a minimum loan amount \$500.
- The loan will be recorded as a mortgage on the property, with a term of five (5) years, decreasing 20% each year, and bearing no interest.
- The loan only comes due if the homeowner sells within the five years following the time of participation.

Program Eligible Activities Include:



Basic structural repairs:

- (a) Exterior Walls (b) Roof and roof structure
(c) Foundation (d) Floor joists and ceilings



Building Systems:

- (a) Electrical (b) Plumbing (c) Heating



Weatherization:

- (a) Insulation (b) Windows (c) Siding



Handicap Accessibility:

- (a) Exterior ramp (b) Bathroom facilities



Sump Pump:

- Sump pump installation & connection to storm sewer

To apply, scan the QR code or visit midlowaplaningalliance.com/dclhtf/



Questions? Call (515) 304-3524 or email housing@midlowaplaning.org

- RTCR – Revised Total Coliform Rule
- NTU – Nephelometric Turbidity Units

GENERAL INFORMATION

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water posed a health risk. More information about contaminants or potential health effects can be obtained by calling the Environmental Protection Agency’s Safe Drinking Water Hotline (800-426-4791).

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline (800-426-4791).

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. REDFIELD WATER WORKS is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>.

Our water supply has completed a service line inventory. Please contact us for information regarding the inventory and how you can access the results.

SOURCE WATER ASSESSMENT INFORMATION

This water supply obtains its water from the sand and gravel of the Alluvial aquifer. The Alluvial aquifer was determined to be highly susceptible to contamination because the characteristics of the aquifer and overlying materials provide little protection from contamination at the land surface. The Alluvial wells will be highly susceptible to surface contaminants such as leaking underground storage tanks, contaminant spills, and excess fertilizer application. A detailed evaluation of your source water was completed by the Iowa Department of Natural Resources, and is available from the Water Operator at 515-371-1364.

CONTACT INFORMATION

For questions regarding this information or how you can get involved in decisions regarding the water system, please contact REDFIELD WATER WORKS at 515-371-1364.

REQUEST TO RECEIVE REDFIELD UTILITY BILL BY EMAIL ONLY

The default method of bill delivery is mailing paper postcard bills to our customers, but the City of Redfield has the ability to automatically email utility bills each month instead of mailing out paper postcard bills. E-Bills (receiving your bill by email) offers the following advantages:

- *The opportunity to go paperless (Go Green and save more trees)!*
- *Eliminates bills getting lost or damaged in the mail*
- *Saves the City money by reducing postage, material and equipment costs*
- *A convenient way to receive and save your bills*
- *Receive your bills sooner*

The E-bill only delivery method is optional. To sign up for E-bills, complete the form below and return it to city hall. The form is also available on the city's website www.redfieldia.com Customers with multiple utility accounts should complete a City of Redfield E-Bill Sign-Up Form for each utility account.

City of Redfield E-Bill Sign-Up Form

Utility Account _____ Name _____

Property Address _____

Email _____ Phone _____

I understand that I am signing up to receive my monthly City of Redfield utility bill by email only. I also understand that paper postcard bills will no longer be sent to me by postal mail. I understand that it is my responsibility to pay my bill on time, even if I do not receive an emailed bill.

I am responsible to notify the city if an emailed bill is not received. If my email address changes, I will contact the City of Redfield as soon as possible to update my email.

Signature _____ Date _____

2024 - 2025 LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)



LIHEAP is a federally funded program that has been established to help qualifying low-income Iowa homeowners and renters pay for a portion of their primary heating costs for the winter heating season.

Elderly (60 & over) and/or disabled
 October 1, 2024, to April 30, 2025
All other households:
 November 1, 2024, to April 30, 2025

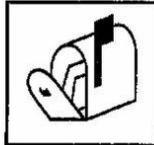
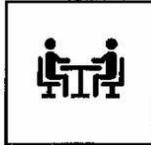
INCOME MAXIMUMS (200% POV)	
<u>Household Size</u>	<u>Annual Gross Income</u>
1	\$ 30,120
2	\$ 40,880
3	\$ 51,640
4	\$ 62,400
5	\$ 73,160
6	\$ 83,920
7	\$ 94,680
8	\$105,440

For family units with more than eight members, add \$10,760 annually, for each additional member.

APPLY BY:

In Person

Mail



Applications are taken at the following locations: (must apply in the county you reside in)

Audubon County	109 Tracy St	Audubon, IA 50025	(712) 563-2777
Calhoun County	334 Richmond St	Rockwell City, IA 50579	(712) 297-7721
Carroll County	23751 Hwy30. PO Box 427	Carroll, IA 51401	(712) 792-9266
Dallas County	2816 1 st Avenue	Perry, IA 50220	(515) 465-5185
Greene County	1401 N Elm St Ste A	Jefferson, IA 50129	(515) 386-2719
Guthrie County	400 State St PO Box 22	Guthrie Center, IA 50115	(641) 747-3845
Sac County	1710 W Main St	Sac City, IA 50583	(712) 662-3236

Rex J. Harvey Foundation

A fund has been set up to raise money for a statue of Rex J. Harvey of Redfield.

Rex attended Dexfield High School, where he helped his track and field team win two state championships under the legendary coach Dean Roe. He then earned a Bachelor of Science in Mechanical Engineering at Iowa State University, where he attended on an athletic track and field scholarship. During which he participated in four U.S. NCAA Division I Championships.

Rex was a Vietnam War Veteran, who served as a Captain in the United States Airforce. As a member of the US Military track and field team he represented the United States at many international competitions, as well as the 1972 and 1976, US Olympic Trials in the Decathlon.

Rex went on to earn a Master of Science Degree in Systems Management at the University of Southern California. During his many years as an engineer, he designed and holds several patents for nozzles. He ended his career as a Research Development Engineer at Parker Corporation in Cleveland, Ohio.

Rex continued his track career as a master's competitor, during which he won 13 straight national decathlon championships, as well as several world championships in the decathlon, pole vault, and as a member of several relay teams.

Rex was inducted into the USATF Masters Hall of Fame in 2000. He was an integral part of developing age-graded tables for scoring masters track and field athletic performances. He was elected to two terms as Vice President Stadia of World Masters Athletics (WMA). At the time of his death, he was serving as the President of USATF Masters Track & Field. Rex had accumulated one million total decathlon points, making him a World Record holder.

Donations to honor Rex can be sent to:

**The Rex J. Harvey Foundation
% R. Joe Smith
P.O. Box 460, Redfield IA 50233**

FOOD BANK OF IOWA

DALLAS COUNTY PANTRY PARTNERS

If you need help, please visit these partners. Please call ahead to confirm dates and hours of service.

FOOD PANTRIES

Waukee Area Christian Services*
515-987-5523

Westview Church
1155 S.E. Boone Drive, Waukee
Monday from 12:00 - 6:00 p.m.
Tuesday, Wednesday, Thursday from
9 a.m. - 3 p.m. and Saturday from 9 - 11 a.m.

Adel Good Samaritan Food Pantry
515-478-3760
215 North 11 Street, Adel
Monday and Tuesday from noon - 2 p.m. and the
forth Monday of the month from 5 - 6 p.m.

Perry Area Emergency Food Council*
515-570-2975
3000 Willis Ave, Perry
Tuesday from 10 a.m. - 12:30 p.m. and Thursday
from 1 - 3:30 p.m.

Redfield Mobile Pantry
515-564-0330
Redfield City Hall
808 1st Street, Redfield
First Wednesday of every month at 4:30 p.m.

Adel Mobile Pantry
515-564-0330
New Hope Church
25712 US 6, Adel
Forth Monday of every month at 5:30 p.m.

West Des Moines Crossroads Church Mobile
515-564-0330
1200 60th Street, West Des Moines
Third Monday of every month at 4:30 p.m.

Perry Crossroads Church Mobile Pantry
515-564-0330
2810 1st Ave, Perry
Forth Saturday of odd months at 8:30 a.m.

Dallas County Hospital Mobile Pantry
515-564-0330
610 10th Street, Perry
Forth Wednesday of even months at 3 p.m.

For more information, visit www.FoodBankIowa.org or call 515.564.0330

***Will provide delivery to seniors as needed**

Partners may provide delivery to seniors if they have volunteers available to do so.



FOODBANK
OF IOWA



L-R Kurt Thompson, John Davis, Greg Wilson, Randy Hiatt, Bruce Miller, Pat Marks, Tony Feldmann-CPA, Joe Rinaldi, Kevin Pearce, Sam Braland-Legal Council

Front Row: Jordan Foster, R. Joe Smith, Nancy Smith

- Design of Retirement Income Plans
- Design of Comprehensive Estate Plans
- Social Security Analysis & Personal Reports
- * Wills, Trusts, Living Wills, Health Care Power of Attorney, and Financial Power of Attorney
- * Provided by Licensed Iowa Attorneys

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Redfield, Iowa
(515) 833-2616

www.nationalinvestors.com

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REDFIELD REVIEW

4J Farms Pet Nutrition	515.490.3280	MidAmerican Energy	888.427.5632
Aging Resources of Central Iowa	515.255.1310	National Investors - Home Office	515.833.2616
AJS Sanitation	515.564.9058	Nicole's Grooming & Boarding	515.705.8385
Alliant Energy	800.822.4348	Pea Ridge Products Tina Godwin	515.577.1635
Backroads Recordkeeping - Pam Paardekooper	515.833.2485	Bailey Pruitt	515.577.7573
Baker Heating & Cooling	515.559.6778	Raccoon River Retreats	515.229.9510
Blood Drive - Sue Rogers	515.720.5416	Raccoon Valley Plumbing	515.612.2666
Casey's	515.446.7659	Redfield American Legion Hall [Rental] Al Carmichael	515.833.2823
Casey's Pizza	515.446.7660	Redfield Christian Church	515.833.2785
Chance Electric Motor	515.314.8132	Redfield City Hall	515.833.2512
Cindy's Cleaning Service	515.210.3889	Redfield City Public Works	515.833.2600
Dairy Shoppe	515.833.2815	Redfield Feed & Supplies	515.833.2280
Dallas County 24 Hour Dispatch Non-Emergent	515.993.4567	Redfield Medical Clinic	515.833.2301
DC Conservation Hanging Rock	515.465.3577	Redfield Post Office	515.833.2741 <i>M-F 8 am-12 pm & 1-3 pm, Sat. 9-10 am; Lobby open 24 /7</i>
Dexfield Diner & Pub	515.833.2927	Redfield Public Library	515.833.2200
Dollar General	515.478.3740	Redfield Quilt Shop	515.478.5555
DVC Plumbing - Dennis Clemetson	515.720.5856	Redfield United Methodist Church	
First State Bank	515.833.2303	Reed's Bicycle Service and Repair	515.344.7963
Godwin Trucking - Nyle Godwin	515.250.1523	Roto-Rooter Plumbing	515.278.5668
Hair Junction	515.833.2323	Spracher Sewer Service	515.402.2598
Hartman Kitchen & Bath	515.278.1866	T&T Auto Sales	515.867.8032
Head Start - Christina Schalk	515.987.7428 712.830.1327	Tigges Comfort Services, LLC	515.833.4024
Heartland Co-op	515.833.2953	TK's Auto	515.833.2377
Hilltop Chapel	515.833.2515	Valo-Biomedica	515.993.3574
Hide It Here & Hide It Here 2 Mini Storage	515.360.1695	West Central Valley Food Pantry	515.401.7102
HTC Residential Cleaning	515.681.1744	West Central Valley Schools	
Iowa State Patrol	800.525.5555	Redfield Middle School	515.833.2331
Johnson Funeral Home	515.789.4621	Dexter Elementary	515.789.4480
K & D Cleaning	515.443.2487	Stuart Elementary	515.523.1018
Kate's Salon	515.473.4863	High School	515.523.1313
Keller Williams GDM - Dan Wilson	515.371.1151	Windstream	800.347.1991
Light Brothers Trucking	515.833.2365		
Mediacom Cable	855.633.4226		



REDFIELD REVIEW

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p>	<p>2 Christian Church Community Meal 4:30-6:30</p>	<p>3 Sip & Socialize 9:30 am Legion Mtg. 6:30 Council Mtg. 7</p>	<p>4 Mobile Food Pantry 4:30 WCV Food Pantry 12:30-3:30 pm Mahjong 5-7 pm</p>	<p>5 Knitting Club 1-2</p>	<p>6 Garbage  Storytime 10:30</p>	<p>7 Legion Breakfast 6-9 am</p>
<p>8</p>	<p>9 Lions Club 6:30 pm</p>	<p>10  Recycle Sip & Socialize 9:30 am</p>	<p>11 WCV Food Pantry 12:30-3:30 pm Book Club 6 pm</p>	<p>12</p>	<p>13 Garbage </p>	<p>14 Legion Breakfast 6-9</p>
<p>15</p>	<p>16 Development Corp. 6 pm</p>	<p>17 Sip & Socialize 9:30 am Blood Drive 3:30-7 Legion Auxiliary 5pm</p>	<p>18 WCV Food Pantry 12:30-3:30 pm</p>	<p>19</p>	<p>20 Garbage  Storytime 10:30</p>	<p>21 Legion Breakfast 6-9 am</p>
<p>22</p>	<p>23</p>	<p>24  Recycle Sip & Socialize 9:30 am</p>	<p>25 WCV Food Pantry 12:30-3:30 pm Library Board 5 pm</p>	<p>26</p>	<p>27 Garbage </p>	<p>28 Legion Breakfast 6-9 am</p>